**Suggested Books Related to Grief and Loss**(I have included Amazon Affiliate links for some of these)  
  
  
[***A Grace Disguised***](https://amzn.to/3Ym51Yf)**by Jerry L Sittser, (**[**Click here**](https://amzn.to/3BAmFhN) **for** 25th anniversary Audible version)

This spirit-filled and hope-filled autobiography helps people examine the depth of sorrow, whether caused by illness, divorce or loss of a loved one. The author shares how to "come to a new beginning after coming to the end."  
 Also check out his other books, especially

* ***When God Doesn’t Answer Your Prayers***
* ***A Grace Revealed***

***A Grief Observed* by C. S. Lewis**

This thought-provoking story offers the reader insight into C. S. Lewis' struggle to cope with and accept death. Lewis shares his thoughts and questions brought about by the grief he experienced after the passing of his beloved wife.

[***When Your World Ends: God's Creative Process for Rebuilding a Life***](https://amzn.to/4dZVVoJ)**by Dawn Mann Sanders**

How do you rebuild your life after it falls apart? Catastrophic events often feel like the end of the world. When we feel like we have nothing left, we sometimes wish for our own end too. Yet God keeps waking us up every morning―a sign that God wants us to keep living when our world ends. We must find our way to the new life that awaits us on the other side of loss. But how?  
  
Dawn Sanders has traveled this path before and lived to tell the tale―not once but twice. After a divorce and then the sudden death of her second husband, Dawn discovered a buried treasure in Genesis 1: God's process for creating new life out of chaos. In *When Your World Ends*, Dawn digs deep into the creation story and unearths a seven-step process by which God brings us out of the void and into new beginnings. With her unique perspective, authenticity, and courage, Dawn meets those who are starting over and guides us into renewed hope.

[***Desperate Prayers: Embracing the Power of Prayer in Life's Darkest***](https://amzn.to/3Ym51Yf) ***Moments****by Rachel Wojo*   
  
Do your prayers resemble last-minute cries more than first-response chats? You’re not alone in calling out to God in life’s pitch-black moments and wondering if He’s listening. Enter the powerful secrets of the Bible's eleventh-hour pleas of fifteen men and women. This engaging book invites you into the prayer stories of struggling Bible characters like Hagar, Hannah, and David. Each chapter's simple three-word prayer focus will deepen your trust and affirm your heart that it’s best to be you before God.  
  
The ideal desperate pray-er to shine light on your prayer dilemmas, Rachel Wojo vulnerably shares her heartbreaking experiences of loss while pointing you to your Father. Her prayer journey and promising principles will guide you from frenzied desperation to dependent faith.  
  
When you finish *Desperate Prayers: Embracing the Power of Prayer in Life's Darkest Moments*, you’ll know that praying in a panic creates a powerful pathway to peace.

***I Look to the Mourning Sky* by Liz Newman***:A Book of Poems and Writing Prompts for the Grieving Heart is a* collection of poems for anyone who has experienced the immensity of loss. Its poems are written through the first year of grief and they seek to acknowledge the pain and complexity of this journey, which can be so isolating and overwhelming. Whether you are an avid writer or can’t remember the last time you ever put pen to paper, these prompts are designed for you: to write your story, to share your story, to make sense of the things you don’t say aloud. The love you still have for who and what you've lost is *so* deeply important. The chapters of their love and the pages of memories are yours to keep. Your grief, their story, and how it's helped you write yours: it matters. It all matters.

***Walking with God through Pain and Suffering* by Timothy Keller**

As former pastor of Redeemer Presbyterian Church in Manhattan, Timothy Keller was known for the unique insights he shares, and his series of books has guided countless readers in their spiritual journeys. *Walking with God through Pain and Suffering* is the definitive Christian book on why bad things happen and how we should respond to them. The question of why there is pain and suffering in the world has confounded every generation, yet there has not been a major book from a Christian perspective exploring why they exist for many years. This book brings a much-needed, fresh viewpoint on this important issue.

***Dark Clouds, Deep Mercy* by Mark Vroegop**Lament is how you live between the poles of a hard life and trusting God's goodness.  Lament is how we bring our sorrow to God - but it is a neglected dimension of the Christian life for many Christians today. We need to recover the practice of honest spiritual struggle that gives us permission to vocalize our pain and wrestle with our sorrow. Lament avoids trite answers and quick solutions, progressively moving us toward deeper worship and trust.

***Imagine Heaven* by John Burke**All of us long to know what life after death will be like. Best-selling author John Burke is no exception. In *Imagine Heaven*, Burke compares over 100 gripping stories of near-death experiences (NDEs) to what Scripture says about our biggest questions of heaven: Will I be myself? Will I see friends and loved ones? What will heaven look like? What is God like? What will we do forever?

***Grief Walk* by Gary Roe**A loved one dies. Your world is upended. The emotional pain can be intense. Your heart begins asking questions. "Am I going crazy? Am I going to make it? Where is God in all this"?You need to know that it's okay to hurt, to be sad, and to grieve. You need to know that you're not crazy and that your grief is "normal". You need to know that you will get through this, even though you will not be the same person you were before. And most of all, you need the comfort of God's presence. You need to experience his compassion and love. You need to know he is walking with you in your pain and grief.

Multiple award-winning author, speaker, hospice chaplain, and grief specialist Gary Roe has become a trusted voice in grief recovery who has been bringing comfort, hope, and encouragement to wounded hearts for more than three decades. A former missionary and pastor, Gary knows the spiritual questions that tug at your heart during this time of loss.

God meets us in our pain and embraces us. He journeys with us through the emotional upheaval, mental confusion, physical distress, spiritual questioning, and relational changes. Jesus has personally experienced more pain, suffering, and grief than we can fathom. He knows. He gets it. He is the best grief companion imaginable.

That's what *Grief Walk*is all about.

*Grief Walk* is designed to be listened to one section a day. Consider it a grief devotional. Take your time. Open your heart. Allow Jesus to meet you in each day's listening. Let the grief walk begin...  
*(I recommend you check out the variety of other grief books Gary Roe has authored as well.)*

***Understanding Your Grief by* Alan Wolfelt**

This book explores each mourner's need to accept death and embrace the pain of loss. The book also explores several factors that make each person's grief unique.

***Chicken Soup for the Soul-Grieving and Recovery: 101 Inspirational and Comforting Stories about Surviving the Loss of a Loved One* by Jack Canfield, Mark Victor Hansen and Amy Newmark**

These stories are written by individuals who have gone through the grief and recovery process. They share personal and poignant stories, offer guidance and provide support to help others ease their grief journey.

***The Death of Jean* by Mark Twain (Samuel Clemens)**

In this essay, Mark Twain shares his feelings about the unexpected death of his daughter Jean. Twain said, "I am setting it down, everything. It is a relief to me to write it. It furnishes me an excuse for thinking."

***Widow to Widow* by Genevieve Davis Ginsburg**

This story explores various challenges that widows face, including: dealing with grief and anger, surviving those very special days, money matters, traveling and eating alone.

***Tear Soup* by Pat Schweibert**

This is the story of an old and rather wise woman, Grandy, who suffers a huge loss and decides

to go to the kitchen to make a special batch of Tear Soup. Although this book looks and reads

like a child's book, it is a must read, offering information on both adulthood and childhood grief issues.

***Healing Your Holiday Grief: 100 Practical Ideas for Blending Mourning and Celebration during the Holiday Season* by Alan Wolfelt**

This handbook helps those who are mourning through what can be the hardest time of the year-the holiday season. The author offers practical wisdom by covering issues such as decision making during the holidays and coping with the blending of mourning and celebration.

***The Empty Chair: Handling Grief on Holidays and Special Occasions* by Susan Zonnebelt-Smeenge and Robert C. De Vries**

The authors, who have both lost their spouses, share a comforting blend of emotional support, spiritual guidance and personal experiences to help readers honor their loved ones in important days.

***Grieving the Loss of a Loved One* by Kathe Wunnenberg**

This compassionate book acts as a daily devotional companion to hurting people. Designed for adult readers of all ages and stages in the grieving process, this book is sensitively written by an author who suffered three miscarriages and the death of an infant son. She knows from firsthand experience that there are no easy answers for those who mourn. Sixty devotions cover the many stages of grieving, including readings for holidays, birthdays, and special occasions, when grief can be particularly painful Readers will walk away from the short thematic devotions and feel validated, connected to someone who knows how they truly feel, and with renewed hope in God.

***Experiencing Grief (Paperback)* by H. Norman Wright**

At one time or another, we will all find ourselves facing a dark journey—the passage through grief. Experiencing Grief is written for a person who is in the wake of despair grief leaves. This brief but powerful book will help lead readers out of their grief experience through five stages of grief. At the end of the journey are peace and a seasoned, more mature faith.

***Lovely Traces of Hope (*Paperback & Kindle) by Kathy Burrus, Green Hope Coaching**

**Published on the 10th anniversary of her daughter’s death - August 16th, 2016**

When life seems to throw its worst at us, we ferociously devour the stories of others, not because we need to hear yet another story that includes pain or loss, not even because we want to see how people overcome those tremendous hurts. No, we seek to find out two things:

Did God show up?  
Was He big enough for the pain?

Kathy Burrus never thought of herself as a writer, much less an author, until she found the unfinished book of her daughter, Leisha, just days after Leisha’s death. Kathy’s primary goal in writing *Lovely Traces of Hope* is to share with you the many ways this *Living One who died* showed up in her story. Yes He did! He showed up! Different than she expected Him to be, but He was there, over and over again. That’s the real story in my life and yours**!** As to whether He is big enough, well, you will just have to read the book to find out.